

Special Rules for this league

- 10 foot goals will be used. An Intermediate (women's) 28.5 ball will be used. Games will consist of two 20-minute halves with a running clock. Clock will stop the last minute of the first and second halves. Overtime will be two minutes. On the second overtime, it will be sudden death.
- Man and zone defense will be allowed. There will be no double teaming or trapping. If the score is more than a 15 point spread, the clock will not stop, and the score keepers will only keep the score in the books. The team that is ahead will be asked to move back into the key area and play a zone that starts inside the key.
- No full court pressing except for the last minute of the 2nd half. All teams must wait until half court to pick up their defense.
- Two time outs per half. You cannot carry over unused timeouts. Over time period, you receive one extra timeout.
- Any coach or player, who receives a technical for unsportsmanlike conduct, will not be allowed to participate in their next scheduled game. **(One technical will be an automatic ejection from the game and gym area- NO EXCEPTIONS)**
- If you have questions or concerns, please call Brock Randall 801-731-8882.

**Please remember that this league is a beginning league
for the players, as well as the officials**

*****We encourage all parents and fans to practice good sportsmanship*****