



West Haven City

March 2014

Community Calendar

March 9: Daylight Savings Time Begins

March 13: Youth City Council Meeting- 5:00 p.m. @ West Haven City Hall

March 17: St. Patrick's Day

March 20: First Day of Spring



City Council Meetings

1st and 3rd Wednesdays
6:00 pm at City Hall

Planning Commission Meetings

2nd and 4th Wednesdays
6:00 pm at City Hall

Special Services District Meetings

3rd Monday
6:30 pm at City Hall

Contact us

4150 S 3900 W
West Haven, UT 84401
Ph. 801-731-4519

Mayoral Message

By Mayor Sharon Bolos

City Hall Seminar

The second in a series of FREE seminars will be held on **Tuesday, May 6th** at 6:00 P.M. at City Hall. **House and Property Security 101** will be a presentation by Weber County Sheriff's Office. They will present timely information on our responsibilities as citizens in keeping our property safe during the upcoming summer months.

Trail Update

We were awarded a \$100,000 grant from R.A.M.P. This money will be combined with funding from UDOT and Wasatch Front Regional Council to expand the

trail from the river southward and from Hinckley Drive northward. Once these two trails meet, it will be possible to travel from the mouth of Ogden Canyon to Draper on one trail.

Grant Update

We are in the process now of using last year's R.A.M.P. money to build an additional baseball/softball diamond at the Sports Park. This new diamond will be ready for our spring sports.

Mayor Sharon Bolos

Youth City Council

West Haven Youth Council member Marshall Price recently represented our great city at the 2014 Local Officials Day role-play event at the State Capitol. Over 600 youth from all over the State of Utah came together to take part in a spirited debate during the mock committee hearings. The day included a tour of the state capitol, a motivational speaker, Anthony Robles, and a political rendition of Family Feud between members of the Utah House of Representatives and the Senate hosted by Chuck Woolery. If you have a young high school adult who would like to join this outstanding group, contact Mark Randall at westhavenyouthcouncil@yahoo.com.



Recreation

Registration for Baseball, Softball, T-Ball and Machine Pitch will begin and run through the Month of March www.westhavencity.com/recreation.

Park Pavilions may now be reserved online at www.westhavencity.com under the recreation link. Deposits and keys will still need to be addressed at the Parks & Recreation building.

If you have questions or concerns, please contact the Parks & Recreation office at 801-731-8882.



Junior Posse

Dust off those boots and saddle up them horses. It's time for West Haven Junior Posse to kick off its riding season. This is a horseback riding group for children 8 to 18 years of age. Our first meeting will be Thursday, March 27th 6p at West Haven City Park on 3300 South. We will meet at the bowery just north of the riding arena. Come see how much fun riding with new friends can be. Meet your fellow posse members, get in formation on the program and receive a calendar of events. If conditions permit, the children are welcome to bring horses to ride after the meeting.

For more information refer to <http://wcjp.weebly.com/index.html> or call Todd at (801) 726-1987

Living Well with Chronic Conditions

Chronic health conditions, such as diabetes, arthritis or heart disease, can be overwhelming. If you have one or more on-going health concern, or if you care for someone who does, you may have a lot of questions, fears & frustrations.

Join us for a FREE six week workshop series from Stanford University and learn ways to:

- Set goals & solve problems
- Communicate with healthcare providers, friends and family
- Manage pain & fatigue
- Deal with difficult emotions
- Eat healthy & stay active
- Make informed treatment decisions
- Plan for the future



Upcoming Workshop:

Tuesday mornings from
May 6th—June 10th
9:30 AM to Noon

Classes are held at:

Weber-Morgan Health Department
477 23rd Street, Ogden

Class size is limited and registration is required. To register, call Rochelle at:
801-399-7187.